

Courage

VIDEO CLIPS

- The Fireworks Are Scary (Daniel Tiger's Neighborhood)



- Alma the Artist (Alma's Way)

- Super Duper Sleepover/Mountain Climb Time (Donkey Hodie)



- Song and Dance: As Long As I'm With You (Alma's Way)



- Ziplining (Dinosaur Train)



- When Something Is New (Daniel Tiger's Neighborhood)



APPS and GAMES

- Peg + Cat: Super Peg + Cat Guy



- Daniel Tiger's Neighborhood: Doctor Daniel



- Sesame Street: The Cookie Games



BOOKS

- Jabari Jumps by Gaia Cornwall
- A Chair for My Mother by Vera B. Williams
- The Thing Lou Couldn't Do by Ashley Spires
- Peep, A Little Book About Taking a Leap by Maria van Lieshout
- The Little Yellow Leaf by Carin Berger
- Daniel Visits the Doctor By Becky Friedman

Classroom Activity

ANIMAL BODIES

- 1. Have children think of an animal they would like to be. This works well in classes where kids need an extra jolt of bravery.**
- 2. Play around with having the animal be at 100% and then slowly lowering the amount of animal down to 5%.**
- 3. Have students portray different characteristics and how the animals display bravery.**
- 4. Children also love to interact with each other as animals. Work in smaller groups and have an audience of the rest of the cast guessing who is playing what animal.**

BRAVE PICTURES

Draw pictures with children expressing their idea of bravery.

- 1. Discuss as a group the word bravery and what kids think it means.**
- 2. Give each child a sheet of paper and crayons or markers and allow them to create a drawing showing bravery.**
- 3. Once children are finished, help them finish their artwork by writing a paragraph on the bottom of the artwork describing their brave picture.**